

Employee Highlights, Celebrating Black History Month

We're proud to spotlight **Harria**, Dining Services Supervisor at **Forestview** Retirement Residence. Harria is a Jamaican Canadian professional with over **20 years** of experience in the retirement sector. In honour of Black History Month, we recognize the dedication, compassion, and authenticity she shares with our community.

A natural **people person**, Harria has always found joy in supporting others. Her home has long been a gathering place where the kitchen is the heart. For her, food is more than nourishment. It is love, connection, and community. That passion makes her role in dining services a **natural fit**

While her children and grandchildren are her greatest joy, Harria takes pride in her

strong work ethic. She believes hard work builds character. She shows up prepared, takes **accountability**, embraces learning, and goes above and beyond for residents and colleagues. The gratitude she receives from residents and families means everything to her.

For Harria, Black History Month is a time to honor the achievements, resilience, and contributions of Black individuals, past and present. She believes Black history is everyone's history and that understanding both triumphs and challenges helps us move forward with **pride and purpose**.

Authentic and consistent, Harria listens to understand, shares openly, collaborates with care, and builds meaningful relationships. She even brings her **famous Jamaican oxtail** to team potlucks, another way she shares warmth and love.

Inspired by **Michelle Obama**, whose resilience and grace she deeply admires, Harria encourages young Black professionals to work with intention, build strong networks, and believe they belong in every space they prepare for.



Harria

The legacy she hopes to leave is one of kindness, strength, resilience, love, and integrity. We are **grateful** for the light and leadership she brings to our community each day.

Thank you, Harria, for all that you do!
