


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>😊 Emotional</p> <p>🧠 Intellectual</p> <p>🚗 Outing</p> <p>👟 Physical</p> <p>👤 Purposeful</p> <p>👥 Social</p> <p>☀️ Spiritual</p> <p>🛒 Vendor</p>	<p>Location Keys</p> <p>2nd FLOOR ACTIVITY ROOM 2FA</p> <p>2nd FLOOR LOUNGE 2FL</p> <p>BISTRO BR</p> <p>COUNTRY KITCHEN CK</p> <p>DINING ROOM DR</p> <p>FITNESS ROOM FR</p> <p>LIBRARY LB</p> <p>MAIN LOBBY ML</p> <p>MULTIPURPOSE ROOM MP</p> <p>THEATER T</p>		<p>10:00 ☀️ Church Service [T] 1</p> <p>11:00 🧠 Chess & Puzzles [LB]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>3:00 🎮 Neighbours & Board Games [CK]</p> <p>3:00 🎮 Saturday Afternoon Showing of: Florence Foster Jenkins (2016) [T]</p> <p>5:30 😊 Willowdale Male Choir [MP]</p> <p>7:00 🎮 Saturday Evening Showing of: Florence Foster Jenkins (2016) [T]</p>
<p>Groundhog Day 2</p> <p>10:30 ☀️ Sunday Church Live Stream [MP]</p> <p>11:00 🏃 Sunday Morning Fitness [MP]</p> <p>1:00 😊 Lets Make A Scrapbook! [MP]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>4:00 🧠 Word Scramble [CK]</p> <p>6:30 🎮 Superbowl Party [BR]</p> <p>7:00 😊 Netflix Series: The Crown [T]</p>	<p>10:00 🧠 Fit Minds [CK] 3</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>1:00 🧠 Computer Training Class [LB]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>2:30 😊 Book Club Meeting [LB]</p> <p>3:00 😊 Concert Series: Ray Charles [T]</p> <p>3:00 😊 Meditation Mondays [MP]</p> <p>4:00 🧠 Scattogories [CK]</p> <p>7:00 🎮 BINGO [MP]</p> <p>7:00 🧠 Netflix Series: The Kominsky Method [T]</p>	<p>10:00 🧠 GIANT Crossword [CK] 4</p> <p>10:00 🛒 VENDOR: Mobile Senior Shop [MP]</p> <p>11:00 🏃 Morning Stretches [FR]</p> <p>1:00 😊 Java Music Club [FR]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>2:00 🧠 Brain Gym [CK]</p> <p>2:00 🏃 Seated Yoga with Deborah [2FA]</p> <p>3:00 😊 Live Performance: Chinese New Year Celebration with Music Box! [MP]</p> <p>7:00 🧠 Movie: Lion (2016) [T]</p>	<p>9:30 🚗 OUTING: Ripley's Aquarium [ML] 5</p> <p>10:00 🎮 Catchphrase [CK]</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>1:00 😊 Painting Class [MP]</p> <p>1:30 🎮 Canasta Lessons [FR]</p> <p>2:00 ☀️ Chat with the Chaplain - Food for the Brain [2FL]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>3:00 🧠 Word Scramble [CK]</p> <p>7:00 😊 Live Performance: Musical Play by Smile Theatre [MP]</p>	<p>10:00 🧠 Astrology Group [MP] 6</p> <p>11:00 🎮 Knitting Group [LB]</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>1:00 😊 Lets get Crafty: Valentine's Day Art! [MP]</p> <p>1:30 🎮 Calling All Rummikub Players! [CK]</p> <p>2:00 🏃 Seated Dance with Annie [2FA]</p> <p>3:00 🧠 Word Scramble [CK]</p> <p>6:30 😊 Netflix Series: Grace and Frankie [T]</p>	<p>10:00 🧠 Current Events [CK] 7</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>1:30 🎮 Mah Jong Game [FR]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>3:00 🧠 TED Talks Lecture & Debate [T]</p> <p>4:00 🏃 Go 4 Life Walking Group [ML]</p>	<p>10:00 ☀️ Church Service [T] 8</p> <p>11:00 🧠 Chess & Puzzles [LB]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>3:00 🎮 Neighbours & Board Games [CK]</p> <p>3:00 🎮 Saturday Afternoon Showing of: How the Beatles Changed the World (2017) [T]</p> <p>5:30 😊 Willowdale Male Choir [MP]</p> <p>7:00 🎮 Saturday Evening Showing of: Singing in the Rain (1952) [T]</p>
<p>10:30 ☀️ Sunday Church Live Stream [MP] 9</p> <p>11:00 🏃 Sunday Morning Fitness [MP]</p> <p>1:00 😊 Lets Make A Scrapbook! [MP]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>4:00 🧠 Word Scramble [CK]</p> <p>7:00 😊 Netflix Series: The Crown [T]</p>	<p>10:00 🧠 Fit Minds [CK] 10</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>11:00 🛒 VENDOR: Mix and Match [ML]</p> <p>1:00 🧠 Computer Training Class [LB]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>3:00 😊 Concert Series: The Coasters [T]</p> <p>3:00 😊 Meditation Mondays [MP]</p> <p>4:00 🧠 Scattogories [CK]</p> <p>7:00 🎮 BINGO [MP]</p> <p>7:00 🧠 Netflix Series: The Kominsky Method [T]</p>	<p>10:00 🧠 GIANT Crossword [CK] 11</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>1:00 😊 Java Music Club [FR]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>2:00 🧠 Brain Gym [CK]</p> <p>2:00 🏃 Seated Yoga with Deborah [2FA]</p> <p>3:00 👤 Meet Me at the MoMA: Thomas Demand Presentation & Painting [MP]</p> <p>4:00 🧠 Wellness Gathering [MP]</p> <p>7:00 🧠 Movie: Wonder (2017) [T]</p>	<p>10:00 🎮 Catchphrase [CK] 12</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>1:00 😊 Painting Class [MP]</p> <p>1:30 🎮 Canasta Lessons [FR]</p> <p>2:00 ☀️ Chat with the Chaplain - Food for the Brain [2FL]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>3:00 🧠 Learn Sign Language with Phil! [CK]</p> <p>4:00 🧠 Black History Month Presentation [T]</p> <p>7:00 😊 Live Performance: Nina & Dale [MP]</p>	<p>10:00 🧠 Astrology Group [MP] 13</p> <p>11:00 🎮 Knitting Group [LB]</p> <p>11:00 🏃 Morning Stretches [MP]</p> <p>1:00 😊 Lets get Crafty: Mini Floating Hearts! [MP]</p> <p>1:30 🎮 Calling All Rummikub Players! [CK]</p> <p>2:00 🏃 Seated Dance with Annie [2FA]</p> <p>3:00 🎮 Baking with Phil! [CK]</p> <p>6:30 😊 Netflix Series: Grace and Frankie [T]</p>	<p>Valentine's Day 14</p> <p>10:00 🧠 Current Events [CK]</p> <p>11:00 🏃 Tai Chi [MP]</p> <p>1:30 🎮 Mah Jong Game [FR]</p> <p>2:00 🏃 Seated Fitness [2FA]</p> <p>3:00 😊 Valentines Day Chinese Water Coloring Class [MP]</p> <p>4:00 🏃 Go 4 Life Walking Group [ML]</p>	<p>10:00 ☀️ Church Service [T] 15</p> <p>11:00 🧠 Chess & Puzzles [LB]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>3:00 🎮 Neighbours & Board Games [CK]</p> <p>3:00 🎮 Saturday Afternoon Showing of: The Young Victoria (2009) [T]</p> <p>5:30 😊 Willowdale Male Choir [MP]</p> <p>7:00 🎮 Saturday Evening Showing of: The Young Victoria (2009) [T]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>10:30 ☀️ Sunday Church Live Stream [MP]</p> <p>11:00 🚶 Sunday Morning Fitness [MP]</p> <p>11:30 🍴 Family Day Brunch! [DR]</p> <p>1:00 😊 Lets Make A Scrapbook! [MP]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>4:00 🧠 Word Scramble [CK]</p> <p>7:00 😊 Netflix Series: The Crown [T]</p>	<p>17</p> <p>Family Day</p> <p>10:00 🧠 Fit Minds [CK]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>2:30 🧠 Computer Training Class [LB]</p> <p>3:00 😊 Meditation Mondays [MP]</p> <p>3:00 🧠 Travelogue: Trip to Germany [T]</p> <p>3:30 🗨️ Meet Me at the MoMA: Tom Thomson Presentation [MP]</p> <p>7:00 🎮 BINGO [MP]</p> <p>7:00 🧠 Netflix Series: The Kominsky Method [T]</p>	<p>18</p> <p>10:00 🧠 GIANT Crossword [CK]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:00 😊 Java Music Club [FR]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>2:00 🚶 Seated Yoga with Deborah [2FA]</p> <p>3:00 😊 Birthday Party with Igor Lazel! [MP]</p> <p>7:00 🧠 Movie: Good Will Hunting (1997) [T]</p>	<p>19</p> <p>10:00 🎮 Catchphrase [CK]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:00 😊 Painting Class [MP]</p> <p>2:00 ☀️ Chat with the Chaplain - Food for the Brain [2FL]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>2:30 😊 Opera Showing: Porgy and Bess [T]</p>	<p>20</p> <p>10:00 🧠 Astrology Group [MP]</p> <p>11:00 🎮 Knitting Group [LB]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:00 😊 Lets get Crafty: Family Day Art! [MP]</p> <p>1:30 🎮 Calling All Rummikub Players! [CK]</p> <p>2:00 🚶 Seated Dance with Annie [2FA]</p> <p>3:00 🗨️ Program & Movie Committee Meeting [MP]</p> <p>3:00 🧠 Word Scramble [CK]</p> <p>4:00 🧠 TED Talks Lecture & Debate [T]</p> <p>6:30 😊 Netflix Series: Grace and Frankie [T]</p>	<p>21</p> <p>10:00 🧠 Current Events [CK]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:30 🎮 Mah Jong Game [FR]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>3:00 🧠 TED Talks Lecture & Debate [T]</p> <p>4:30 🎮 Theme Night - Italian [DR]</p>	<p>22</p> <p>10:00 ☀️ Church Service [T]</p> <p>11:00 🧠 Chess & Puzzles [LB]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>3:00 🎮 Neighbours & Board Games [CK]</p> <p>3:00 🎮 Saturday Afternoon Showing of: The Theory of Everything (2014) [T]</p> <p>5:30 😊 Willowdale Male Choir [MP]</p> <p>7:00 🎮 Saturday Evening Showing of: Marriage Story (2019) [T]</p>
<p>23</p> <p>10:30 ☀️ Sunday Church Live Stream [MP]</p> <p>11:00 🚶 Sunday Morning Fitness [MP]</p> <p>1:00 😊 Lets Make A Scrapbook! [MP]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>4:00 🧠 Word Scramble [CK]</p> <p>7:00 😊 Netflix Series: The Crown [T]</p>	<p>24</p> <p>10:00 🧠 Fit Minds [CK]</p> <p>10:00 🛒 VENDOR: Jenny Imports & Accessories [MP]</p> <p>10:30 🗨️ Resident Council Meeting [MP]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:00 🧠 Computer Training Class [LB]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>3:00 😊 Concert Series: Ella Fitzgerald [T]</p> <p>3:00 😊 Meditation Mondays [MP]</p> <p>3:00 🗨️ Meet Me at the MoMA: Tom Thomson Painting [MP]</p> <p>4:00 🧠 Scattegories [CK]</p> <p>7:00 🎮 BINGO [MP]</p> <p>7:00 🧠 Netflix Series: The Kominsky Method [T]</p>	<p>25</p> <p>10:00 🧠 GIANT Crossword [CK]</p> <p>10:00 🧠 Giant Crossword [CK]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>2:00 🚶 Seated Yoga with Deborah [2FA]</p> <p>3:00 🧠 Word Scramble [MP]</p> <p>7:00 🧠 Movie: Chef (2014) [T]</p>	<p>26</p> <p>10:00 🎮 Scattegories [CK]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:00 😊 Painting Class [MP]</p> <p>1:30 🎮 Canasta Lessons [FR]</p> <p>2:00 ☀️ Chat with the Chaplain - Food for the Brain [2FL]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>4:00 🧠 Word Scramble [CK]</p>	<p>27</p> <p>10:00 😊 Giant Crossword [MP]</p> <p>11:00 🎮 Knitting Group [LB]</p> <p>11:00 🚶 Morning Stretches [MP]</p> <p>1:30 🎮 Calling All Rummikub Players! [CK]</p> <p>1:30 🚶 OUTING: Centrepoint Mall [ML]</p> <p>2:00 😊 Lets get Crafty: Rainbow Crafts! [MP]</p> <p>2:00 🚶 Seated Dance with Annie [2FA]</p> <p>3:00 🧠 Word Scramble [CK]</p> <p>6:30 😊 Netflix Series: Grace and Frankie [T]</p>	<p>28</p> <p>10:00 🧠 Current Events [CK]</p> <p>11:00 🚶 Tai Chi [MP]</p> <p>11:00 🛒 VENDOR: Shiny Jewelry [ML]</p> <p>1:30 🎮 Mah Jong Game [FR]</p> <p>2:00 🚶 Seated Fitness [2FA]</p> <p>3:00 🗨️ Food Committee Meeting [MP]</p> <p>3:30 🧠 Travelogue: Trip to Peru [T]</p> <p>4:00 🚶 Go 4 Life Walking Group [ML]</p>	<p>29</p> <p>10:00 ☀️ Church Service [T]</p> <p>11:00 🧠 Chess & Puzzles [LB]</p> <p>1:30 🎮 Bridge Club [FR]</p> <p>3:00 🎮 Neighbours & Board Games [CK]</p> <p>3:00 🎮 Saturday Afternoon Showing of: Charlie Wilson's War (2007) [T]</p> <p>5:30 😊 Willowdale Male Choir [MP]</p> <p>7:00 🎮 Saturday Evening Showing of: Charlie Wilson's War (2007) [T]</p>



“Surrender to what is. Let go of what was. Have faith in what will be.”
 — *Sonia Ricotti*