

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>New Years Day!</b> <b>1</b></p> <p>11:00 Seated Fitness Class! (MP)</p> <p>1:00 Bingo (MP)</p> <p>3:00 <b>Painting Group! MOMA (MP)</b></p> <p>3:00 Netflix Series: Heartland (T)</p> <p>6:30 Netflix Series: Heartland (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>2</b></p> <p>11:00 Seated Chair Yoga with Deborah (MP)</p> <p>1:00 Bridge Club (LB)</p> <p>2:00 <b>New Year's Live Performance with Rosita Stone! (MP)</b></p> <p>3:00 Balloon Badminton (MP)</p> <p>3:30 <b>Benefits of Recycling Viewing (LR)</b></p> <p>6:30 Movie Evening Showing: Where the Crawdads Sing (T)</p>	<p>10:00 Word Scramble (MP) <b>3</b></p> <p>11:00 Seated Fitness Class! (MP)</p> <p>1:00 The History Of: Will Smith (T)</p> <p>2:00 Rummikub Club (LB)</p> <p>2:00 Painting Class (MP)</p> <p>3:00 <b>TED Talks Lecture &amp; Discussions (T)</b></p> <p>3:30 Exploring Cultures (T)</p> <p>6:30 Documentary Night: Titanic: The Aftermath (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>4</b></p> <p>11:00 Drum Fit Class! (MP)</p> <p>1:00 Giant Crossword (MP)</p> <p>3:00 Balloon Badminton (MP)</p> <p>6:30 Movie Evening Showing: Good Will Hunting (T)</p>	<p>10:00 Word Scramble (MP) <b>5</b></p> <p>11:00 Seated Fitness Class! (MP)</p> <p>3:00 Artfull Enrichment (MP)</p> <p>3:30 Travelogue: Puerto Rico (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>6</b></p> <p>10:00 <b>Visit with Ms. Milly Silly! (AL)</b></p> <p>11:00 Seated Fitness Class with Hannah! (MP)</p> <p>1:00 Giant Crossword (MP)</p> <p>1:30 Mah Jong Game (LB)</p> <p>3:00 Meditation Group (MP)</p> <p>4:30 Living Loving Local Celebration Dinner! (DR)</p> <p>6:30 Apple TV+: Slow Horses *NEW* (T)</p>	<p>3:00 Movie Afternoon Showing: See How They Run (T) <b>7</b></p> <p>6:30 Movie Evening Showing: See How They Run (T)</p>
<p><b>Elvis Presley Day!</b> <b>8</b></p> <p>1:00 Bingo (MP)</p> <p>3:00 Netflix Series: Heartland (T)</p> <p>3:00 <b>Guest Speaker: Mark Brender - Advancing Global Health Equity: The Partners In Health Story (MP)</b></p> <p>6:30 Netflix Series: Heartland (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>9</b></p> <p>11:00 Seated Chair Yoga with Deborah (MP)</p> <p>1:00 Bridge Club (LB)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:00 Meditation Group (MP)</p> <p>3:00 Table Tennis! (MP)</p> <p>6:30 Movie Evening Showing: Death on the Nile (T)</p>	<p>10:00 Seated Chair Yoga! (MP) <b>10</b></p> <p>10:00 Word Scramble (LB)</p> <p>10:00 Seated Fitness Class! (MP)</p> <p>10:00 Mobile Hearing Clinic (HO)</p> <p>1:00 The History Of: Anne Hathaway (T)</p> <p>2:00 Rummikub Club (LB)</p> <p>2:00 <b>Painting Group! MOMA (MP)</b></p> <p>3:00 <b>TED Talks Lecture &amp; Discussions (T)</b></p> <p>3:30 Exploring Cultures (T)</p> <p>6:30 Documentary Night: Return to Space (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>11</b></p> <p>11:00 Drum Fit Class! (MP)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:00 1-on-1 Visits (RS)</p> <p>2:00 Opera: Otello (2H &amp; 17M) (T)</p> <p>3:00 Gentlemen's Group (BR)</p> <p>6:30 Movie Evening Showing: Blacklight (T)</p>	<p>10:00 Word Scramble (LB) <b>12</b></p> <p>10:00 Seated Chair Yoga! (MP)</p> <p>10:00 <b>Outing: Bayview Village Mall (ML)</b></p> <p>12:30 New Resident Welcome Luncheon! (PDR)</p> <p>1:00 <b>Java Music Club (T)</b></p> <p>2:00 Writing Club (LB)</p> <p>3:00 Artfull Enrichment (MP)</p> <p>3:30 Travelogue: Ireland! (T)</p> <p>4:00 <b>Meet the Management Team Hour! (BR)</b></p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>13</b></p> <p>11:00 Seated Fitness Class with Hannah! (MP)</p> <p>1:00 Giant Crossword (MP)</p> <p>1:30 Mah Jong Game (LB)</p> <p>3:00 Meditation Group (MP)</p> <p>6:30 Apple TV+: Slow Horses *NEW* (T)</p>	<p>3:00 Movie Afternoon Showing: Marry Me (T) <b>14</b></p> <p>6:30 Movie Evening Showing: Marry Me (T)</p>
<p>1:00 Bingo (MP) <b>15</b></p> <p>3:00 <b>Painting Group! MOMA (MP)</b></p> <p>3:00 Netflix Series: Heartland (T)</p> <p>6:30 Netflix Series: Heartland (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>16</b></p> <p>11:00 Seated Fitness Class! (MP)</p> <p>1:00 Bridge Club (LB)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:00 Meditation Group (MP)</p> <p>3:00 Gardening with Nancy! (MP)</p> <p>6:30 Movie Evening Showing: E.T., The Extra-Terrestrial (T)</p>	<p>10:00 Seated Chair Yoga! (MP) <b>17</b></p> <p>10:00 Word Scramble (LB)</p> <p>1:00 The History Of: Eddie Murphy (T)</p> <p>2:00 Rummikub Club (LB)</p> <p>2:00 Painting Class (MP)</p> <p>3:00 <b>TED Talks Lecture &amp; Discussions (T)</b></p> <p>3:30 Exploring Cultures (T)</p> <p>6:30 Documentary Night: Dolly Parton - Here I Am (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>18</b></p> <p>11:00 Drum Fit Class! (MP)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:00 Monthly Birthday Party with Carla Casanova (MP)</p> <p>3:00 Concert Series: Loretta Lynn (T)</p> <p>6:30 Movie Evening Showing: The Sound of Music (T)</p>	<p>10:00 Word Scramble (LB) <b>19</b></p> <p>10:00 Seated Chair Yoga! (MP)</p> <p>1:00 <b>Java Music Club (T)</b></p> <p>3:00 Artfull Enrichment (MP)</p> <p>3:30 Travelogue: Osaka! (T)</p>	<p>10:00 <b>Go 4 Life Walking Group (ML)</b> <b>20</b></p> <p>11:00 Seated Fitness Class with Hannah! (MP)</p> <p>1:00 Giant Crossword (MP)</p> <p>1:30 Mah Jong Game (LB)</p> <p>2:00 Food Committee Meeting (MP)</p> <p>3:00 Meditation Group (MP)</p> <p>6:30 Apple TV+: Slow Horses *NEW* (T)</p>	<p>3:00 Movie Afternoon Showing: Reminiscence (T) <b>21</b></p> <p>6:30 Movie Evening Showing: Reminiscence (T)</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Chinese &amp; Korean New Year!</b> <b>22</b></p> <p>11:00 Seated Fitness Class with Hannah! (MP)</p> <p>1:00 Bingo (MP)</p> <p><b>3:00 Painting Group! MOMA (MP)</b></p> <p>3:00 Netflix Series: Heartland (T)</p> <p>6:30 Netflix Series: Heartland (T)</p>	<p><b>10:00 Go 4 Life Walking Group (ML)</b> <b>23</b></p> <p>11:00 Seated Fitness Class! (MP)</p> <p>1:00 Bridge Club (LB)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:00 Meditation Group (MP)</p> <p>3:00 Balloon Badminton (MP)</p> <p>6:30 Movie Evening Showing: Amsterdam (T)</p>	<p><b>10:00 Word Scramble (LB)</b> <b>24</b></p> <p>10:00 Seated Chair Yoga! (MP)</p> <p>1:00 The History Of: Bruce Willis (T)</p> <p>2:00 Rummikub Club (LB)</p> <p>2:00 Painting Class (MP)</p> <p><b>3:00 TED Talks Lecture &amp; Discussions (T)</b></p> <p>3:30 Exploring Cultures (T)</p> <p>6:30 Documentary Night: Found (T)</p>	<p><b>Robbie Burns Day! (LR)</b> <b>25</b></p> <p><b>10:00 Go 4 Life Walking Group (ML)</b></p> <p>11:00 Drum Fit Class! (MP)</p> <p>3:00 Concert Series: Conway Twitty (T)</p> <p>6:30 Movie Evening Showing: Slumdog Millionaire (T)</p>	<p><b>10:00 Word Scramble (LB)</b> <b>26</b></p> <p>10:00 Seated Chair Yoga! (MP)</p> <p><b>12:00 "Ask The Experts" Presentation (MP)</b></p> <p><b>1:45 Outing: Textile Museum of Canada (OUT)</b></p> <p>3:30 Travelogue: Food Edition! (T)</p>	<p><b>10:00 Go 4 Life Walking Group (ML)</b> <b>27</b></p> <p><b>10:00 Breakfast Pajama Party! (MP)</b></p> <p>11:00 Seated Fitness Class with Hannah! (MP)</p> <p>1:00 Giant Crossword (MP)</p> <p>1:30 Mah Jong Game (LB)</p> <p>2:00 Resident Townhall Meeting (MP)</p> <p>3:00 Meditation Group (MP)</p> <p>4:30 Dinner Buffet! (DR)</p> <p>6:30 Apple TV+: Slow Horses *NEW* (T)</p>	<p><b>3:00 Movie Afternoon Showing: The Shawshank Redemption (T)</b> <b>28</b></p> <p><b>6:30 Movie Evening Showing: The Shawshank Redemption (T)</b></p>
<p><b>11:00 Seated Fitness Class with Hannah! (MP)</b> <b>29</b></p> <p>1:00 Bingo (MP)</p> <p><b>3:00 Painting Group! MOMA (MP)</b></p> <p>3:00 Netflix Series: Heartland (T)</p> <p>6:30 Netflix Series: Heartland (T)</p>	<p><b>10:00 Go 4 Life Walking Group (ML)</b> <b>30</b></p> <p>11:00 Seated Fitness Class! (MP)</p> <p>1:00 Bridge Club (LB)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:00 Meditation Group (MP)</p> <p>2:30 Baking with Nancy &amp; Hannah! (MP)</p> <p>6:30 Movie Evening Showing: Lion (T)</p>	<p><b>10:00 Word Scramble (LB)</b> <b>31</b></p> <p>10:00 Seated Chair Yoga! (MP)</p> <p>1:00 The History Of: Jane Fonda (T)</p> <p>2:00 Rummikub Club (LB)</p> <p>2:00 Painting Class (MP)</p> <p><b>3:00 TED Talks Lecture &amp; Discussions (T)</b></p> <p>3:30 Exploring Cultures (T)</p> <p>6:30 Documentary Night: For Love (T)</p>	<h3>Calendar Legend</h3> <p><b>Outings</b></p> <p><b>Signature Programs</b></p> <p><b>Special Programs</b></p> <p><b>Vendors</b></p>		<p><u>Dimensions Of Wellness Legend</u></p> <ul style="list-style-type: none"> <li>Intellectual</li> <li>Social</li> <li>Physical</li> <li>Purposeful</li> <li>Sensory</li> <li>Emotional</li> <li>Spiritual</li> </ul>	<p><u>Locations Legend</u></p> <ul style="list-style-type: none"> <li>MULTIPURPOSE ROOM (MP)</li> <li>THEATER (T)</li> <li>LIBRARY (LB)</li> <li>MAIN LOBBY (ML)</li> <li>LIVING ROOM (LR)</li> <li>DINING ROOM (DR)</li> <li>BISTRO (BR)</li> <li>Any Location (AL)</li> <li>Health Office (HO)</li> <li>RESIDENTS' SUITES (RS)</li> <li>PRIVATE DINING ROOM (PDR)</li> <li>Outing (OUT)</li> </ul>

