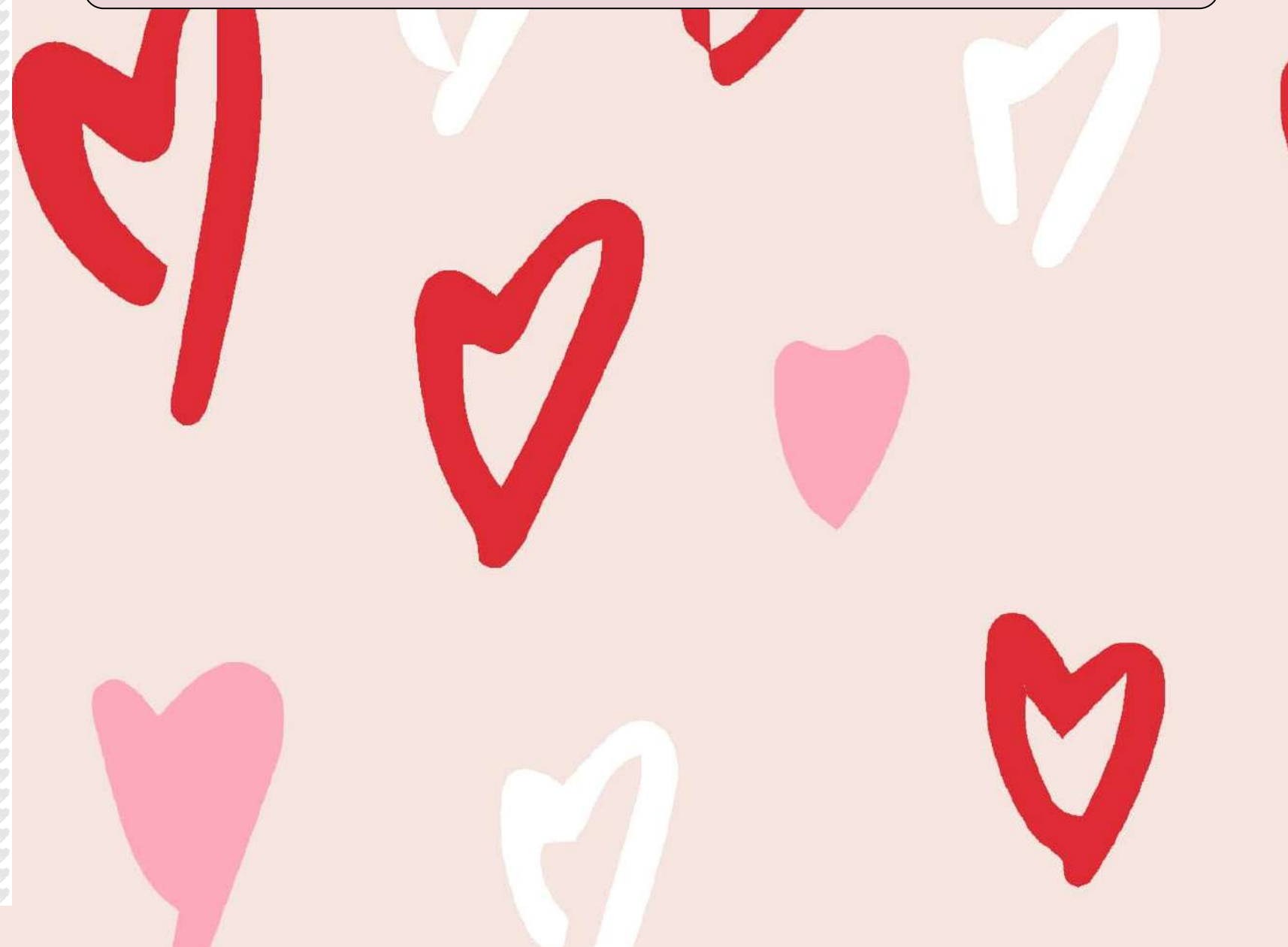


JANUARY PHOTOS



February Newsletter 2024

Forestview Retirement Residence



FEBRUARY SPECIAL

Happy Lunar New Year 2024
Chinese New Year Buffet
Friday February 9th at 4:30pm in the main Dinning room



CELEBRATING
BLACK History MONTH

Celebrating Mardi Grass & Black History Month with live music by Marcus Schawn

Tuesday February 13th at 5:00pm in the main dinning Room



Chinese New Year Celebration!
kids Performance from Miss Qin Art Studio!
Sunday, February 11th at 3:30pm
In the Multipurpose room



Christmas Gift Committee would like to thank residents for collecting \$6090.00. 58 frontline staff received \$105.00.

Many thanks to all those who participated!

Thanks,
Doug Davison, Barry Weisberg & Andrew Kuznick

VALENTINE'S DAY CELEBRATION WITH LIVE MUSIC BY JAY VAZQUEZ

A lovely way to gather friends, and lasting relationships.

FEBRUARY 14TH, 2023 AT 5:00PM IN THE MAIN DINNING ROOM



February Outing:

- ◆ Gibson House Museum
Thursday February 8th 1:30pm
- ◆ Shopping time at Shoppers drug Mart
5998 Bathurst St
Thursday February 15th at 2:00pm
Please sign up at reception!

February Birthdays!

- 
- | | |
|------------------------------|--------------------------------|
| Marie W. - 4 th | Bert O. - 15 th |
| Ignazia C. - 7 th | Livia R. - 18 th |
| June C. - 10 th | Michele S. - 22 nd |
| Fanny L. - 12 th | Marianne G. - 25 th |

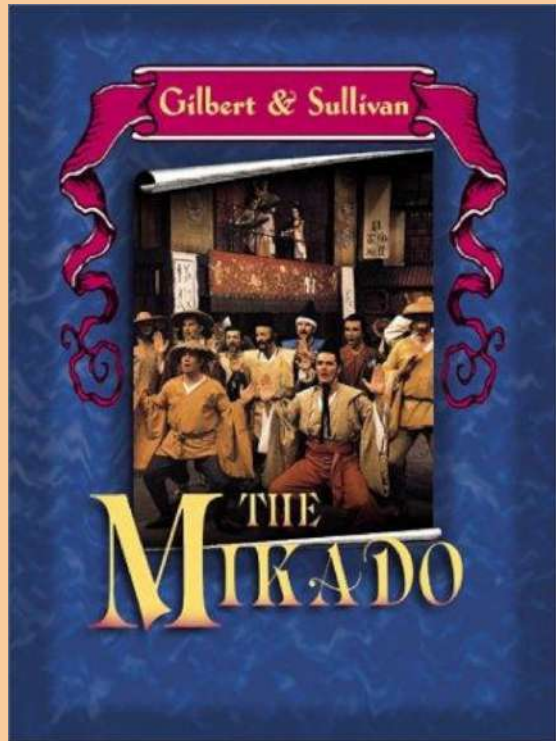
★ **HAPPY** ★
BIRTHDAY!

Monthly Birthday Party with Rosita Stone!

Join us in celebrating all of our February birthdays with live entertainment, cake and coffee!

Tuesday, February 27th at 2:00pm in the Multipurpose Room

**Opera Showing:
The Mikado from The
Operetta
Gilbert and Sullivan!**



**Friday, February 2nd
at 2:30pm in the
Living room**

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15					16			
1												
2												
2												
		26			27			28	29	30	31	
32	33			34				35				
36				37								
38												
4												
5												
5												
6												

Giant Crossword

Mondays, Wednesdays
and Fridays at 1:00pm
in the Multipurpose

Fit Minds!

Cognitive stimulation
program to support brain
health and
improve quality of Life!



Tuesdays at 2:00pm in the
Multipurpose Room

Bingo!

- * Mondays & Wednesdays at 1:30pm in the second floor Activity room
- * Thursdays at 3:30pm & Sundays at 3:30pm in the Multipurpose room



Word Scramble

Tuesdays at 10:30am
and Thursdays at
10:00am in the
Multipurpose Room

**Chair Yoga with
Hennie!**

Mondays and Thursdays
at 10:30am in the
Multipurpose Room



**Chair Zumba
Fit Dance with Sara!**

Sundays at 1:30pm
in the
Multipurpose Room



**Exercise and Fitness
Class with Sergio
From Circle of Care!**

Mondays and Wednesdays
at 2:30pm
In the Multipurpose room



Drum Fit Class!
Wednesdays at 11:00am
in the
Multipurpose Room



Please be advised all programs are subject to change at anytime. For your convenience, program changes are noted on daily activity sheets in the elevator

Artful Enrichment!



Tuesdays at 3:30pm in the Multipurpose Room

Meet Me At The MoMA!



Paint like an artist!
Fridays at 3:00pm in the Multipurpose Room

Off the Cuff!

Discussion Group!
Every Thursday
at 2:00pm
in the Multipurpose room



Meditation Group!

Tuesdays at 1:00pm &
Thursdays at 2:30pm
in the Multipurpose Room



Meetings this Month



Food Committee
Friday, February 20st at 2:30pm

Resident Townhall Meeting


Friday, February 20st at 3:30pm
In the Theatre

Additional Services

Doctor Visit
Every Thursday



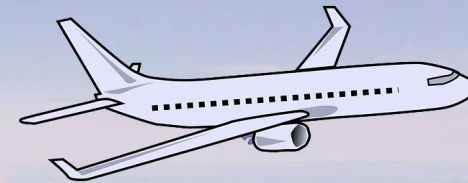
 Hair Salon
Every Wednesday

Foot Care Clinic 
Friday February 2nd at 9:00am

Announcement:

Dear residents, if you need to use the printer located in the reception you need to pay .25 Cents per page (black and white only, no colour copying)

Travelogue



French Riviera: Uniquely Chic
February 1st

Qibao: Town of the Seven Treasures
February 8th

Ladakh (Northern India)
February 15th

Mongolian Nomads' Ultimate Dilemma
February 22nd

Egypt
February 29th

Every Thursday
at 4:00pm in the Theatre

Walking Group



Mondays, Wednesdays & Fridays at 10:00am
Meet in the Main Lobby!

Concert Series

Loretta Lynn
February 7th

Conway Twitty
February 14th

Rod Stewart - Live From The Troubadour
February 21st

Joe Cocker: Fire it Up Live
February 28th

Every Wednesday
at 4:00pm in the Theatre

Java Music Club!



Thursdays at 1:00pm in the Multipurpose room

Trivia Hour!



Mondays at 3:30pm in the Country Kitchen!

Movies This Month

The Greatest Night in Pop story- 02/06 at 7:00pm

On a January night in 1985, music's biggest stars gather to record "We Are the World." The team goes behind the scenes of the event to see how all of the artists came together to make history.

Return to Space- 02/ 13 at 7:00pm

Offering rare inside access to NASA and SpaceX, this is the thrilling story of the nearly 20 year journey to send American astronauts back to space aboard U.S. rockets, from filmmakers Elizabeth Chai Vasarhelyi and Jimmy Chin.

Becoming- 02/20 at 7:00pm

Former first lady Michelle Obama takes an intimate look at her life, hopes, and connections with others.

Home 2 Home- 02/27 at 7:00pm

In this documentary, a young man with a taste for adventure bikes 27,000 miles around the world and encounters people from all walks of life.

Forestview Retirement Residence Team

Management Designation	Name	Extension	Email
General Manager	Maria Mercone	1001	gm@forestviewrr.org
Office Manager	Donna Kelly	1002	om@forestviewrr.org
Community Relations Manager	Lawanya Adsul	1003	smm@forestviewrr.org
Sales & Marketing	Jessica Robertson	1004	sales@forestviewrr.org
Life Enrichment Manager	Azam Mahani	1005	lem@forestviewrr.org
Dining Services Manager	Mark Goodman	1007	dsm@forestviewrr.org
Health & Wellness Manager	Vernet Malcolm	1250	hwm@forestviewrr.org
Environmental Services Manager	Winston Wright	1027	esm@forestviewrr.org

Staff Extensions:

Staff Designation	Extension	Fax	Phone Number
Reception	1000 & 3004	Fax: 416-634-2601	416-398-4999
Nursing Station (RPN)	1200 & 3002	Fax: 416-634-2602	
PSW	3005, 3006, 3007, 3009, 3010		
Kitchen	3001		
2 nd Floor Dining Room	1069		
Staff Room	1111		

Advent Health Care Corporate Office (416) 398-5270

Golda– 02/ 03 at 3:00pm & 7:00pm

GOLDA focuses on the intensely dramatic and high-stakes responsibilities and decisions that Golda Meir, also known as the 'Iron Lady of Israel' faced during the Yom Kippur War.

Robin Roberts Presents: Mahalia– 02/05 at 7:00pm

The story of the New Orleans-born crooner who began singing at an early age and went on to become one of the most revered gospel figures in U.S. history, melding her music with the civil rights movement.

My Big Fat Greek Wedding 3 – 02/ 07 at 7:00pm

Join the Portokalos family as they travel to a family reunion in Greece for a heartwarming and hilarious trip full of love, twists and turns. Opa!

Blackeyes– 02/ 10 at 3:00pm & 7:00pm

77-year-old Maurice James Kingsley has written an unexpectedly successful novel about Blackeyes, a sexy fashion model. He has stolen the details from the experiences of his niece. She is furious and out for revenge.

The Miracle Club– 02/ 12 at 7:00pm

In 1967, four women hoping for healing make a pilgrimage from Ireland to Lourdes that could upend their lives — which might be the miracle they need. Watch all you want.

Valentine Ever After- 02/14 at 7:00pm

Big city girls Julia and Sydney take a trip to a dude ranch in Wyoming for a fun weekend getaway. But when a brawl ensues in the local bar one night, the girls are sentenced to perform community service for disorderly conduct and are forced to stay in town. In addition to doing odds and ends around town, the girls discover a charitable cause and help create a Valentine's Day party for the charity.

Englishman Who Went Up a Hill and Came Down a Mountain– 02/17 at 3:00pm & 7:00pm

When an English cartographer must tell a Welsh village that their mountain is only a hill, the offended community sets out to change that.

The Notebook– 02/19 at 7:00pm

In 1940s South Carolina, mill worker Noah Calhoun (Ryan Gosling) and rich girl Allie (Rachel McAdams) are desperately in love. But her parents don't approve. When Noah goes off to serve in World War II, it seems to mark the end of their love affair. In the interim, Allie becomes involved with another man (James Marsden). But when Noah returns to their small town years later, on the cusp of Allie's marriage, it soon becomes clear that their romance is anything but over.

The Secret: Dare to Dream - 02/ 21 at 7:00pm

Miranda Wells is a hardworking young widow who's struggling to raise three children on her own. A powerful storm soon brings a devastating challenge and a mysterious man, Bray Johnson, into her life. In just a few short days, Bray's presence reignites the family's spirit -- but he carries a secret that could change everything.

The mirror has two Faces– 02/24 at 3:00pm & 7:00pm

Comic tale about the relationship between a frumpy college lecturer specializing in romantic literature and a fellow professor who wants a platonic friendship with an intelligent woman. However, she begins to long for more, and they soon find that their goal of a union based on celibacy will be difficult to achieve.

Julie & Julia– 02/ 26 at 7:00pm

Frustrated with a soul-killing job, New Yorker Julie Powell (Amy Adams) embarks on a daring project: she vows to prepare all 524 recipes in Julia Childs' landmark cookbook, "Mastering the Art of French Cooking." Intertwined with Julie's story is the true tale of how Julia Child (Meryl Streep) herself conquered French cuisine with passion, fearlessness, and plenty of butter.

Doom of Love– 02/ 28 at 7:00pm

After his ad agency goes bankrupt, an indebted Firat falls for a singer at a yoga retreat and joins her on a journey of self-realization.