LUNCH							
Week 5	Monday March 4	Tuesday March 5	Wednesday March 6	Thursday March 7	Friday March 8	Saturday March 9	Sunday March 10
Entrée one	Grilled Cheese & Hot House Tomato Sandwich	Falafel wrap w/ House Made Hummus	Spinach & Mushroom Fritatta	* Tuna Salad on Multigrain	Mushroom Crepe	Philly Cheese Steak Sub	Chicken Mango Salad
side	Watermelon Slice	Parmesan & Parsley Crusted French Fries	Greek Salad	Caesar Salad	Marachiere Salad	Garden Salad	Dinner Roll
Entrée two	BLT Sandwich	French Toast topped with a warm Blueberry compote Served w/ Hashbrowns	Chicken Melt on English Muffin	Vegetable Quesadilla Sour Cream & Salsa	Fruit Salad with Cottage cheese & Banana Bread	* Western Omelet	Leek & Bacon Quiche
side	Watermelon Slice		Greek Salad	Caesar Salad		Garden Salad	* Tomato Slices
Soup	Tomato Rice	Italian Wedding w/ Baby Meatballs	Caribbean Sweet Potato	Gazpacho	Red Lentil & Squash	Corn Chowder	Cabbage roll Soup
DINNER							
Entrée one	Lebanese Roasted Chicken Thigh with Lemon Herb Sauce	Pan Fried Beef Liver with Bacon & Onion Gravy	Lentil, Vegetbale, & Sweet Potato Stew	Roast Chicken Leg Rotisserie Sauce	Fish n' Chips Tartar Sauce	Sweet & Sour Chicken Balls	Braised Beef Short Ribs au jus
starch	Herbed Rissato	Whipped Potatoes	Brown Rice	Whipped Potatoes	Creamy Coleslaw	O'Brien Potatoes	Baked Potato
Entrée one	Vegetarian Chili with Butternut Squash	Mediterranean Stewed Cod Loin	Lamb Kofta With Tzatziki Sauce & Pita Bread	Four Cheese Ravioli Rose	Veal Root Vegetable Stew	Traditional Beef Lasagna	Maple & Apple Cider Glazed Salmon Filet topped with a Grilled Pineapple Ring
starch	Herbed Rissato	Whipped Potatoes	Brown Rice	Garlic Bread	Lemon & Oregano Potato	Garlic Bread & Caesar Salad	Baked Potato
veg 1		Rutabega	Buttered Corn on the Cob	Paridiso Vegetable	Sauteed Green Cabbage w/ Peppers	Medley of Spring Vegetables	
veg 2	* Parslied Cauliflower	Peas & Carrots	Sauteed Swiss Chard		.		Green & Gold Beans
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts